

9th KYU 九級

Commands on this grading will be given first in Japanese then in English.
DOJO-KUN (Recited in Japanese and English), as with ALL preceding grades. For 9th Kyu, you will also be tested on correct traditional Wado-ryu belt-tying technique (Hon-Musubi). 本結び

UKE (Blocks)

Performed from Junzuki-dachi.

1. Jodan-uke: *Head block*
2. Chudan-soto-uke: *Body outer block*
3. Chudan-uchi-uke: *Body inner block*
4. Gedan-barai: *Lower body sweeping block*

KIHON-WAZA (Fundamental techniques)

Performed from Hanmi-gamae.

1. Jodan-tsuki: *Head punch.*
2. Uraken-uchi-jodan: *Head back-fist strike*
3. Maegeri-chudan: *Body front kick*
4. Surikomi-maegeri-chudan: *One step body front kick*
5. Mawashigeri-chudan: *Body round-house kick*
6. Surikomi-mawashigeri-chudan: *One step body round-house kick*

DOJO-KUN 道場訓

8th KYU 八級

Commands on this grading will be given first in Japanese then in English.
DOJO-KUN (Recited in Japanese and English), as with ALL preceding grades. For 8th Kyu, you will also be tested on your belt-tying technique.

KIHON-WAZA (Fundamental techniques)

1. Junzuki, Mawatte-jodan-uke: *Straight punch, turn with head block*
2. Gyakuzuki, Mawatte-gedan-barai: *Reverse punch, turn with lower body sweeping block*
3. Maegeri-chudan: *Front kick to the body*
4. Surikomi-maegeri-chudan: *One step front kick to the body*
5. Sokuto-fumikomi-hiza: *Side edge stamping kick to the knee*

RENRAKU-WAZA (Combination techniques)

1. Maegeri-chudan-tobikomizuki-jodan: *Front kick to the body, snap punch to the head*
2. Surikomi-maegeri-chudan-tobikomizuki-jodan: *One step front kick to the body, snap punch to the head*
3. Maegeri-chudan-gyakuzuki-chudan: *Front kick, reverse punch to the body.*
4. Surikomi-maegeri-chudan-gyakuzuki-chudan: *One step front kick, reverse punch to the body.*

UKE (Blocking techniques)

Performed from Junzuki-dachi

1. Chudan-soto-uke-gyakuzuki: *Body outer block, reverse punch*
2. Chudan-uchi-uke-gyakuzuki: *Body inner block, reverse punch.*

All blocks are performed with turning block (outer/inner), reverse punch.

7th KYU 七級

Commands for 7th Kyu & above will be in Japanese.

KIHON-WAZA 基本技

1. Junzuki-no-tsukkomi
2. Gyakuzuki-no-tsukkomi
3. Mawashigeri-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Mawashigeri-chudan – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Mawashigeri-chudan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme (chudan soto-uke - maegeri - gyakuzuki), Ropponme (chudan uchi-uke - empi)

KATA 形

1. Pinan Nidan 平安二段

6th KYU 六級

KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Tobikomizuki-jodan
4. Surikomi-mawashigeri-chudan
5. Surikomi-sokuto-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Sokuto-fumikomi-hiza – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Sokuto-chudan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Ipponne, Nihonme
2. Maegeri-uke; Ipponne, Nihonme

OHYO-GUMITE 応用組手

1. Ipponne

KATA 形

1. Pinan Shodan 平安初段
2. Pinan Sandan 平安三段

JYU-GUMITE 自由組手

5th KYU 五級

KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Ushirogeri-gedan
7. Sokuto-chudan
8. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Mawashigeri-chudan – Ushirogeri-gedan – Gyakuzuki-chudan
2. Surikomi-sokuto-fumikomi-hiza – Ushirogeri-gedan – Uraken-uchi-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Sanbonme, Yonhonme
2. Maegeri-uke; Sanbonme, Yonhonme

OHYO-GUMITE 応用組手

1. Nihonme

KATA 形

1. Pinan Sandan 平安三段
2. Pinan Yodan 平安四段

JYU-GUMITE 自由組手

4th KYU 四級

KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Mawashigeri-chudan
7. Ushirogeri-chudan
8. Sokuto-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Nagashizuki-jodan – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Nagashizuki-jodan – Mawashigeri-chudan
3. Maegeri-chudan – Sokuto-fumikomi-hiza – Ushirogeri-gedan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme, Ropponme
2. Maegeri-uke; Gohonme, Ropponme

OHYO-GUMITE 応用組手

1. Sanbonme

KATA 形

1. Pinan Yodan 平安四段
2. Pinan Godan 平安五段

JYU-GUMITE 自由組手

3rd KYU 三級

KIHON-WAZA 基本技

1. Kette-Junjzuki
2. Kette-gyakuzuki
3. Kette-junjzuki-no-tsukkoml
4. Kette-gyakuzuki-no-tsukkoml
5. Tobikomizuki-jodan
6. Nagashizuki-jodan
7. Mawashigeri-jodan
8. Ushirogeri-chudan
9. Surikomi-sokuto-jodan

RENRAKU-WAZA 連絡技

1. Surikomi-maegeri-chudan - Mawashigeri-chudan - Ushirogeri-chudan - Gyakuzuki-chudan
2. Maegeri-chudan - Nagashizuki-jodan - Gyakuzuki-chudan - Mawashigeri-chudan
3. Surikomi-maegeri-chudan - Sokuto-fumikomihiza - Ushirogeri-chudan - Uraiken-uchi-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Ipponne, Nihonme
2. Maegeri-uke; Ipponne, Nihonme

OHYO-GUMITE 応用組手

1. Yonhonme

KIHON-GUMITE 基本組手

1. Ipponne
2. Nihonme

KATA 形

1. Ku-Shanku 公相君

JYU-GUMITE 自由組手

YÜDAN 有段者

KIHON-WAZA 基本技

1. Kette-Junjzuki
2. Kette-gyakuzuki
3. Kette-junjzuki-no-tsukkoml
4. Kette-gyakuzuki-no-tsukkoml
5. Tobikomizuki-jodan
6. Nagashizuki-jodan
7. Mawashigeri-jodan
8. Sokuto-jodan
9. Ushirogeri-chudan
10. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Mawashigeri-jodan - Ushirogeri-chudan - Uraiken-uchi-jodan
2. Surikomi-jodan - Renzuki-chudan - Surikomi-sokuto-jodan - Ushirogeri-chudan - Gyakuzuki-chudan
3. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Nagashizuki-jodan - Gyakuzuki-chudan - Mawashigeri-jodan - Ushirogeri-chudan - Uraiken-uchi-jodan

KATA 形

At least three Kata will be selected from the first nine, as Examiner's choice.

FUTARI DORI 二人取

Two to one kumite. *Not applicable for 4th Dan or over.*

HIKKI-SHIKEN 筆記試験

Written test. *Not applicable for 4th Dan or over.*

Please see next page for 'grade specific' additional required elements.

2nd KYU 二級

KIHON-WAZA 基本技

1. Kette-Junjzuki
2. Kette-gyakuzuki
3. Kette-junjzuki-no-tsukkoml
4. Kette-gyakuzuki-no-tsukkoml
5. Nagashizuki-jodan
6. Mawashigeri-jodan
7. Sokuto-jodan
8. Ushirogeri-chudan
9. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Surikomi-maegeri-chudan - Nagashizuki-jodan - Mawashigeri-jodan
2. Maegeri-chudan - Sokuto-chudan - Ushirogeri-chudan - Gyakuzuki-chudan
3. Zenshinshite-jodan - Renzuki-chudan - Surikomi-maegeri-chudan - Mawashigeri-chudan - Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Sanbonme, Yonhonme
2. Maegeri-uke; Sanbonme, Yonhonme

OHYO-GUMITE 応用組手

1. Gohonne
2. Ropponne

KIHON-GUMITE 基本組手

1. Sanbonme
2. Yonhonme

KATA 形

1. Ku-Shanku 公相君
2. Nat-hanchi 内畔職

JYU-GUMITE 自由組手

SHODAN 一段

SANBON-GUMITE 三本組手

All

OHYO-GUMITE 応用組手

Ipponne, Nihonne, Sanbonme, Yonhonme

KIHON-GUMITE 基本組手

Ipponne, Nihonne, Sanbonme, Yonhonme

KATA 形

Bassai 披塞 - 拔岩, Wanshu 汪祺 - 厥秀

SANBON-GUMITE 三本組手

All

OHYO-GUMITE 応用組手

Gohonne, Ropponne, Nanahonne, Napponne

KIHON-GUMITE 基本組手

Gohonne, Ropponne, Nanahonne, Napponne

KATA 形

Ni-seishi 二十四, Rohai 鷲牌

SANBON-GUMITE 三本組手

All

OHYO-GUMITE 応用組手

All

KIHON-GUMITE 基本組手

All
KATA 形
Jitte 薙手, Jihan 薙首, Jihan 薙條

1st KYU 一級

KIHON-WAZA 基本技

1. Kette-Junjzuki
2. Kette-gyakuzuki
3. Kette-junjzuki-no-tsukkoml
4. Kette-gyakuzuki-no-tsukkoml
5. Nagashizuki-jodan
6. Surikomi-mawashigeri-jodan
7. Surikomi-sokuto-jodan
8. Ushirogeri-chudan
9. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Mawashigeri-chudan - Ushirogeri-chudan - Gyakuzuki-chudan
2. Surikomi-jodan - Renzuki-chudan - Renzuki-chudan - Surikomi-maegeri-chudan - Mawashigeri-chudan - Ushirogeri-chudan - Uraiken-uchi-jodan
3. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Nagashizuki-jodan - Gyakuzuki-chudan - Mawashigeri-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonne, Ropponne
2. Maegeri-uke; Gohonne, Ropponne

OHYO-GUMITE 応用組手

1. Nanahonne
2. Napponne

KIHON-GUMITE 基本組手

1. Gohonne

KATA 形

1. Ku-Shanku 公相君
2. Seishan 正鑿 - 十三
3. Chinto 斬菓

JYU-GUMITE 自由組手

BRITISH WADOKAI GRADE SYLLABUS

4th Dan to 8th Dan

YODAN 肆段 GODAN 伍段 ROKUDAN 陸段 SHICHIDAN 柒段 HACHIDAN

捌段

SANBON-GUMITE

All

OHYO-GUMITE

All

KIHON-GUMITE

All

KATA

Examiner's choice from the following:

Ku-Shanku, Nai-Hanchi, Seishan, Chinto, Bassai, Wanshu, Ni-set-shi, Rohai, Jitte, Jihan, J'han.

There are no physical gradings past 3rd Dan. However, the extended syllabus has been structured, and *may* be used, for BWK Members who have; 1. Not trained and graded through the ranks of the full British Wadokai Dan Grade Syllabus of 1st Dan to 3rd Dan.

2. Broken membership/licence dates with British Wadokai. This syllabus is also available to BWK members, who *have* graded through the full syllabus of 1st to 3rd Dan, but who *wish* to pursue a 'physical' grading past 3rd Dan as choice.